

## 2008 Western Zone Championship Time Standards

<b>SCY</b>	<b>LCM</b>	<b>10 &amp; Under</b>	<b>LCM</b>	<b>SCY</b>
29.39	33.39	50 Free	33.09	29.09
1:03.59	1:12.19	100 Free	1:12.69	1:04.09
2:20.29	2:38.89	200 Free	2:37.99	2:19.49
34.89	39.29	50 Back	39.49	35.09
1:15.39	1:24.79	100 Back	1:24.99	1:15.49
38.99	44.29	50 Breast	44.99	39.69
1:25.29	1:36.59	100 Breast	1:37.79	1:26.29
32.59	36.79	50 Fly	36.79	32.59
1:15.29	1:24.89	100 Fly	1:24.39	1:14.79
2:37.89	2:58.39	200 IM	2:59.49	2:38.89
<b>SCY</b>	<b>LCM</b>	<b>11-12</b>	<b>LCM</b>	<b>SCY</b>
25.99	29.39	50 Free	29.59	25.99
56.89	1:04.69	100 Free	1:04.19	56.39
2:03.89	2:20.69	200 Free	2:19.69	2:02.99
5:31.89	4:56.19	400/500 Free	4:55.99	5:31.69
30.69	34.59	50 Back	34.89	30.89
1:05.89	1:14.29	100 Back	1:15.19	1:06.69
33.89	38.59	50 Breast	38.29	33.59
1:14.09	1:24.19	100 Breast	1:24.39	1:14.29
28.59	32.39	50 Fly	32.49	28.59
1:03.99	1:12.39	100 Fly	1:12.79	1:04.39
2:20.09	2:38.69	200 IM	2:38.89	2:20.09
<b>SCY</b>	<b>LCM</b>	<b>13-14</b>	<b>LCM</b>	<b>SCY</b>
25.39	28.89	50 Free	27.29	23.89
54.99	1:02.59	100 Free	58.89	51.69
1:58.79	2:14.99	200 Free	2:08.19	1:52.59
5:17.89	4:43.69	400/500 Free	4:31.69	5:04.39
11:02.89	9:51.59	800/1000 Free	9:29.99	10:38.69
18:34.79	18:57.09	1500/1650 Free	18:02.79	17:41.59
1:03.69	1:11.89	100 Back	1:07.99	1:00.19
2:16.19	2:33.59	200 Back	2:25.79	2:09.19
1:10.99	1:20.79	100 Breast	1:16.29	1:06.99
2:33.19	2:53.99	200 Breast	2:45.79	2:25.79
1:01.59	1:09.69	100 Fly	1:05.19	57.49
2:17.69	2:35.59	200 Fly	2:26.89	2:09.79
2:15.79	2:33.89	200 IM	2:24.99	2:07.79
4:48.39	5:26.49	400 IM	5:08.29	4:31.99
<b>SCY</b>	<b>LCM</b>	<b>15-16</b>	<b>LCM</b>	<b>SCY</b>
25.39	28.99	50 Free	26.29	22.99
55.29	1:02.99	100 Free	57.39	50.29
1:59.49	2:15.79	200 Free	2:05.69	1:50.29
5:19.69	4:45.39	400/500 Free	4:26.99	4:59.19
11:04.09	9:52.69	800/1000 Free	9:19.99	10:27.49
18:39.79	19:02.19	1500/1650 Free	18:03.19	17:41.99
1:03.89	1:12.09	100 Back	1:06.39	58.79
2:17.59	2:35.09	200 Back	2:24.09	2:07.69
1:09.89	1:19.49	100 Breast	1:14.39	1:05.29
2:35.19	2:56.19	200 Breast	2:43.29	2:23.59
1:01.89	1:10.09	100 Fly	1:03.49	55.89
2:19.09	2:37.19	200 Fly	2:23.79	2:07.09
2:17.19	2:35.49	200 IM	2:22.49	2:05.49
4:49.39	5:27.59	400 IM	5:04.59	4:28.69
<b>SCY</b>	<b>LCM</b>	<b>17-18</b>	<b>LCM</b>	<b>SCY</b>
26.29	29.89	50 Free	26.59	23.29
57.19	1:04.99	100 Free	58.29	51.09
2:04.29	2:21.09	200 Free	2:07.89	1:52.39
5:36.09	4:59.89	400/500 Free	4:35.19	5:08.39
11:40.39	10:25.09	800/1000 Free	9:37.69	10:47.29
19:51.29	20:15.09	1500/1650 Free	18:35.19	18:13.29
1:08.29	1:17.09	100 Back	1:09.29	1:01.39
2:26.99	2:45.59	200 Back	2:31.29	2:14.19
1:16.09	1:26.39	100 Breast	1:17.29	1:07.89
2:45.79	3:08.09	200 Breast	2:50.99	2:30.49
1:05.39	1:13.89	100 Fly	1:04.89	57.19
2:31.99	2:51.49	200 Fly	2:33.59	2:15.89
2:22.29	2:41.09	200 IM	2:26.39	2:09.09
5:11.89	5:52.59	400 IM	5:21.79	4:44.19