

2009 FAR WESTERN TIME STANDARDS

SCY	GIRLS SCM	LCM	LCM	BOYS SCM	SCY
10/Under					
30.19	33.29	34.39	50 Free	35.39	33.39
1:06.99	1:13.69	1:16.19	100 Free	1:16.29	1:13.69
2:27.99	2:42.79	2:46.89	200 Free	2:46.29	2:41.69
6:20.99	5:32.99	5:38.89	400/500 Free	5:36.29	5:29.89
35.99	39.59	40.59	50 Back	41.59	39.59
1:16.99	1:24.69	1:28.29	100 Back	1:28.69	1:26.89
40.59	44.69	45.69	50 Breast	46.29	44.69
1:27.99	1:36.79	1:39.99	100 Breast	1:41.79	1:37.89
34.49	37.99	38.99	50 Fly	39.39	37.49
1:18.99	1:26.89	1:30.59	100 Fly	1:30.79	1:29.09
1:16.99	1:24.69	--	100 I.M.	--	1:24.69
2:46.99	3:03.69	3:09.99	200 I.M.	3:12.29	3:05.19
2:06.59	2:19.29	2:23.29	200 FR	2:23.29	2:19.69
2:23.99	2:38.39	2:42.39	200 MR	2:42.39	2:42.79
11/12					
27.19	29.99	30.99	50 Free	30.69	29.69
59.19	1:05.19	1:07.59	100 Free	1:06.99	1:04.39
2:09.29	2:22.29	2:26.99	200 Free	2:27.29	2:23.29
5:47.09	5:03.29	5:09.69	400/500 Free	5:12.99	5:08.59
11:54.99	10:21.29	10:33.99	800/1000 Free	10:24.89	10:12.09
19:45.39	16:55.99	20:19.99	1500/1650 Free	20:11.99	19:47.99
31.99	35.19	36.19	50 Back	36.79	35.19
1:08.99	1:15.89	1:18.39	100 Back	1:19.49	1:15.89
2:26.49	2:43.89	2:46.49	200 Back	2:47.89	2:38.39
35.99	39.59	40.59	50 Breast	40.59	38.49
1:17.59	1:25.39	1:28.19	100 Breast	1:27.29	1:24.69
2:47.89	3:04.69	3:08.89	200 Breast	3:06.39	2:57.89
30.29	33.39	33.99	50 Fly	34.09	32.99
1:08.39	1:15.29	1:17.69	100 Fly	1:17.99	1:15.39
2:30.99	2:46.09	2:52.19	200 Fly	2:50.69	2:44.99
1:08.49	1:15.39	--	100 I.M.	--	1:13.79
2:27.99	2:42.79	2:46.99	200 I.M.	2:48.29	2:42.79
5:15.89	5:47.49	5:53.79	400 I.M.	5:56.79	5:47.49
1:54.79	2:06.29	2:05.99	200 FR	2:10.89	2:06.49
4:04.59	4:29.09	4:37.09	400 FR	4:45.19	4:37.19
2:06.19	2:18.89	2:22.19	200 MR	2:25.89	2:20.79
4:39.49	5:07.49	5:15.49	400 MR	5:25.39	5:14.59
13/14					
26.29	28.99	29.49	50 Free	28.19	27.09
56.89	1:02.59	1:04.59	100 Free	1:00.69	58.39
2:01.99	2:14.19	2:17.69	200 Free	2:11.59	2:07.59
5:24.99	4:44.19	4:50.59	400/500 Free	4:42.59	4:36.19
11:09.99	9:54.39	10:07.19	800/1000 Free	9:47.99	9:36.19
18:31.19	18:44.59	19:08.59	1500/1650 Free	18:15.99	17:51.99
1:04.99	1:11.49	1:13.59	100 Back	1:10.99	1:08.19
2:19.79	2:43.79	2:39.09	200 Back	2:33.29	2:28.49
1:12.89	1:20.19	1:23.29	100 Breast	1:19.59	1:15.89
2:39.89	2:55.89	3:08.99	200 Breast	2:52.79	2:47.29
1:04.29	1:10.79	1:11.59	100 Fly	1:08.79	1:06.59
2:23.49	2:37.89	2:41.99	200 Fly	2:36.09	2:31.79
2:19.09	2:42.99	2:36.49	200 I.M.	2:29.89	2:25.19
4:58.19	5:31.39	5:37.79	400 I.M.	5:22.49	5:15.69
1:48.99	1:59.89	2:03.89	200 FR	1:58.39	1:54.39
3:51.99	4:15.19	4:23.19	400 FR	4:17.49	4:09.49
8:26.99	9:17.69	9:33.69	800 FR	9:14.39	8:58.19
2:01.59	2:13.79	2:21.29	200 MR	2:10.29	2:06.29
4:21.99	4:48.19	4:56.19	400 MR	4:48.69	4:42.09

2009 FAR WESTERN TIME STANDARDS

SCY	GIRLS SCM	LCM		LCM	BOYS SCM	SCY
15/16						
25.99	28.59	29.29	50 Free	26.49	25.59	23.19
56.49	1:02.19	1:02.79	100 Free	57.39	55.99	50.89
2:01.99	2:14.19	2:16.69	200 Free	2:05.09	2:02.09	1:50.99
5:21.99	4:44.99	4:51.39	400/500 Free	4:27.79	4:21.39	5:06.19
11:09.99	9:50.79	10:03.59	800/1000 Free	9:39.19	9:26.39	10:39.99
18:39.99	18:50.99	19:14.99	1500/1650 Free	18:15.99	17:51.99	17:59.99
1:05.99	1:12.59	1:12.99	100 Back	1:07.19	1:05.99	59.99
2:20.99	2:35.09	2:37.49	200 Back	2:23.79	2:22.99	2:09.99
1:13.99	1:21.39	1:22.79	100 Breast	1:14.99	1:12.59	1:05.99
2:38.99	2:54.89	2:58.99	200 Breast	2:45.69	2:41.69	2:26.99
1:02.69	1:08.99	1:10.99	100 Fly	1:03.69	1:02.09	56.39
2:21.49	2:35.69	2:38.59	200 Fly	2:26.99	2:24.09	2:10.99
2:17.99	2:31.79	2:35.79	200 I.M.	2:23.29	2:19.29	2:06.59
4:55.99	5:25.59	5:33.99	400 I.M.	5:08.19	5:06.89	4:38.99
15/18 RELAYS						
1:50.99	2:02.09	2:06.09	200 FR	1:50.69	1:46.69	1:36.99
3:59.99	4:23.99	4:31.99	400 FR	4:07.49	3:59.49	3:37.69
8:29.99	9:20.99	9:35.99	800 FR	8:38.49	8:22.59	7:36.89
2:05.99	2:18.59	2:22.59	200 MR	2:04.59	2:00.59	1:49.59
4:29.99	4:56.99	5:04.99	400 MR	4:36.39	4:28.39	4:03.99
17/18						
26.69	29.39	29.49	50 Free	25.99	25.59	23.19
57.19	1:02.99	1:03.69	100 Free	57.29	55.39	50.29
2:05.69	2:18.29	2:19.99	200 Free	2:04.19	2:02.09	1:50.99
5:34.99	4:56.39	5:02.79	400/500 Free	4:28.99	4:22.59	5:06.19
11:39.99	10:13.19	10:25.99	800/1000 Free	9:39.19	9:26.39	10:39.99
19:19.99	18:55.99	19:19.99	1500/1650 Free	18:25.99	18:01.99	17:59.99
1:09.09	1:15.99	1:17.99	100 Back	1:08.49	1:06.49	1:00.39
2:31.99	2:47.19	2:44.89	200 Back	2:35.39	2:31.39	2:17.59
1:17.99	1:25.79	1:25.39	100 Breast	1:15.69	1:13.69	1:06.99
2:46.99	3:03.69	3:07.69	200 Breast	2:48.99	2:44.99	2:29.99
1:03.99	1:10.39	1:12.39	100 Fly	1:04.19	1:02.69	56.99
2:28.99	2:43.89	2:47.89	200 Fly	2:31.39	2:27.39	2:13.99
2:23.49	2:37.89	2:38.79	200 I.M.	2:23.69	2:19.69	2:06.99
5:12.99	5:44.29	5:52.29	400 I.M.	5:20.39	5:12.39	4:43.99