

2010 NM Short Course Senior Championships – Time Standards & Event Order

Session 1

Saturday, January 30, 2010

Warm-ups: 4:00 p.m. --- Start: 5:00 p.m.

LCM	SCY	SCM	GIRLS EVENT #	EVENT	BOYS EVENT #	LCM	SCY	SCM
			1	200 FREE RELAY	2			
5:25.79	5:52.59	5:19.29	3	500 FREE	4	5:14.39	5:40.49	5:04.99
2:52.79	2:28.19	2:49.39	5	200 IM	6	2:48.79	2:15.89	2:41.79
31.99	27.99	31.79	7	50 FREE	8	28.99	24.69	27.99
			9	400 MEDLEY RELAY	10			

Session 2

Sunday, January 31, 2010

Warm-ups: 8:00 a.m. --- Start: 9:00 a.m.

LCM	SCY	SCM	GIRLS EVENT #	EVENT	BOYS EVENT #	LCM	SCY	SCM
			11	200 MEDLEY RELAY	12			
6:19.79	5:35.69	6:10.99	13	400 IM	14	5:54.39	5:11.79	5:43.99
1:20.39	1:10.19	1:18.99	15	100 FLY	16	1:13.39	1:05.09	1:11.99
2:34.99	2:10.79	2:31.89	17	200 FREE	18	2:24.89	1:58.79	2:20.59
1:33.89	1:21.99	1:30.59	19	100 BREAST	20	1:26.39	1:14.69	1:22.49
1:22.69	1:10.99	1:19.69	21	100 BACK	22	1:16.49	1:06.09	1:13.19
			23	800 FREE RELAY	24			
22:10.69	21:38.89	21:31.29	25	1650 FREE Begins 15 min after completion of relays	26	20:49.49	20:21.89	20:12.99

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Session 3
Sunday, January 31, 2010
Warm-ups: 2:00 p.m.
Start: 3:00 p.m.

LCM	SCY	SCM	GIRLS EVENT #	EVENT	BOYS EVENT #	LCM	SCY	SCM
2:57.99	2:33.89	2:52.19	27	200 BACK	28	2:43.89	2:23.39	2:38.39
1:09.99	1:00.69	1:08.59	29	100 FREE	30	1:03.99	53.79	1:01.99
3:21.19	2:56.39	3:14.89	31	200 BREAST	32	3:08.79	2:42.59	2:59.69
2:56.19	2:36.49	2:52.89	33	200 FLY	34	2:43.19	2:24.49	2:38.99
			35	400 FREE RELAY	36			