

**Pajarito Aquatic Club**

**Individual Meet Results—NOT Altitude Adjusted**

**2010 New Mexico Senior Championship 30-Jan-10 to 31-Jan-10 Yards Alt: 5410**

**Location: West Mesa Aquatic Center**

**PAJARITO AQUATIC CLUB [PAC-NM] Coach: PHIL COE**

Time	F/P/S	Event	Place	Points	Improv
<b>Moore, Natalia M (15) F</b>					
2:18.43Y	AA F # 5	Female Senior 200 IM	6	3	-6.43
26.90Y	A F # 7	Female Senior 50 Free	23	---	-0.07
1:03.10Y	AA F # 15	Female Senior 100 Fly	8	1	-0.32
1:14.20Y	A F # 19	Female Senior 100 Breast	8	1	2.94
58.87Y	A F # 29	Female Senior 100 Free	20	---	0.67
2:36.93Y	A F # 31	Female Senior 200 Breast	4	5	-4.03
<b>TenCate, Lauren L (13) F</b>					
2:29.55Y	A F # 5	Female Senior 200 IM	26	---	-2.12
26.45Y	AA F # 7	Female Senior 50 Free	16	---	-1.02
5:21.63Y	BB F # 13	Female Senior 400 IM	18	---	2.41
2:12.28Y	A F # 17	Female Senior 200 Free	24	---	2.52
1:11.14Y	BB F # 21	Female Senior 100 Back	37	---	-1.54
2:34.09Y	BB F # 27	Female Senior 200 Back	45	---	-0.69
58.06Y	AA F # 29	Female Senior 100 Free	15	---	-3.25
<b>Venneri, Maria E (12) F</b>					
<b>2:30.40Y</b>	<b>A F # 27</b>	<b>Female Senior 200 Back</b>	<b>35</b>	<b>---</b>	<b>-16.49</b>
<b>Yang, Justine H (13) F</b>					
5:50.69Y	A F # 3	Female Senior 500 Free	15	---	-5.47
2:31.35Y	BB F # 5	Female Senior 200 IM	27	---	-2.28
5:22.59Y	BB F # 13	Female Senior 400 IM	19	---	-4.35
2:13.53Y	A F # 17	Female Senior 200 Free	27	---	0.19
19:56.16Y	A F # 25	Female Senior 1650 Free	7	2	-0.49
2:33.31Y	BB F # 27	Female Senior 200 Back	42	---	-0.45
2:54.71Y	BB F # 31	Female Senior 200 Breast	21	---	-1.08

**\*\*New PAC team record in swimmer's age group.**

**USA Swimming Altitude Adjustment Factors**

Times achieved at an altitude of 3,000 feet or above may be adjusted as follows:

Event Distance	3000-4250 Feet	4251-6500 Feet	Above 6500 Feet
200	0.50	1.20	1.60
400 or 500	2.50	5.00	7.00
800 Free Relay	2.00	4.80	6.40
800 or 1000	5.00	10.00	15.00
1500 or 1650	11.00	23.00	32.50