



LOCATION: Phoenix Swim Club, Phoenix, AZ

DATE: November 19-21, 2010

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### LSCs PARTICIPATING IN THE SOUTHWEST REGION MEET

Arizona, Central California, Colorado, Hawaii, New Mexico, San Diego Imperial, Southern California, Utah

*Ages: 11-14 Boys and Girls*

*Athletes will compete in all IMX events specified for each age category*

*Single Age Groups (Award Top 16 in each age group & gender)*

*25 Yard Course for competition-with separate warm-up/cool-down pool*

*Team Awards: 1st - 3rd place at each site*

### QUALIFICATION STANDARD & QUALIFYING PERIOD

- Follow IMX program guidelines (Qualifying standards are the same for SCY & LCM)
- The Qualifying standard will be minimum of 1800 pts for all locations, ages & genders
- Qualifying Period : Sept 1, 2009 up to the entry Deadline

*Age of the athlete will be the first day of the competition*

Any swimmer that is 11-14 yrs old is eligible for the meet who has achieved the minimum qualifying score in any age during the qualifying period .

(i.e. A swimmer who has achieved a minimum qualifying score as a 10 yr. old and ages up to 11 prior to the start of the meet will be eligible to enter the meet. A 12 yr. old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13 yr. old.)

For more information on the IM Xtreme Games visit the USA Swimming Website at:  
[WWW.USASWIMMING.ORG](http://WWW.USASWIMMING.ORG) or contact Tony Young at [tony@inswimming.org](mailto:tony@inswimming.org)